

Give Your Child the **Gift of Better Vision.**

SUPPORTING YOUR CHILD'S VISION

Tips for Healthy Eyes

- 👁️ Encourage Outdoor Activities
- 👁️ Maintain Proper Reading Distance
- 👁️ Limit Excessive Screen Time
- 👁️ Ensure Good Lighting While Studying
- 👁️ Schedule Regular Eye Check-Ups



When Should Children Have **Eye Exams**?



Before Starting School



During School Years



Whenever Vision Problems Are Suspected



As Recommended by Your Eye Specialist

WHY CHOOSE **INSIGHT EYE CLINIC**?

We provide comprehensive **pediatric eye care with a focus on early diagnosis, accurate vision correction**, and long-term eye health.



Phone

+91 9028050288



Website

www.insighteyeclinic.co.in



Address

120, Rainbow plaza,
Pimple Saudagar, PCMC.



Book Your Consultation.

- ✓ Experienced Eye Specialists
- ✓ Child-Friendly Environment
- ✓ Advanced Diagnostic Equipment
- ✓ Personalized Care for Every Child
- ✓ Comprehensive Vision Assessment



Helping **Children** See
Their World Clearly.

Children's **Vision** Care

At **Insight Eye Clinic**, we provide comprehensive pediatric eye examinations and vision correction solutions to help children achieve their full potential in school, sports, and everyday life.

- Child-Friendly Eye Examinations
- Accurate Vision Assessment
- Early Detection of Eye Problems
- Customized Spectacle Prescriptions
- Comprehensive Eye Care

Healthy **Vision** Plays a Vital Role in Your Child's Growth and Learning.

KNOW ABOUT YOUR **CHILD'S** VISION

Why Do Some Children Need Glasses?



Children may require glasses when their eyes are unable to focus clearly, making it difficult to see objects at a distance, nearby, or both.

Common **Vision** Problems in Children

Myopia (ShortSightedness)

Difficulty seeing distant objects clearly.

Hyperopia (Long-Sightedness)

Difficulty focusing on near objects.

Astigmatism

Blurred or distorted vision due to irregular curvature of the eye.

Amblyopia (Lazy Eye)

Reduced vision in one eye due to improper visual development.

Squint (Strabismus)

Misalignment of the eyes that may require glasses and additional treatment.



Signs Your Child May Need Glasses



- Squinting Frequently
- Sitting Too Close to TV or Screens
- Difficulty Reading the Blackboard
- Frequent Eye Rubbing
- Headaches or Eye Strain
- Poor Academic Performance
- Tilting the Head While Looking



Pediatric Eye Examination Process

- 1 Detailed Vision Assessment
- 2 Eye Alignment Evaluation
- 3 Dilated Eye Examination
- 4 Accurate Spectacle Prescription

Benefits of Wearing Glasses



- 👁️ Improved Vision Clarity
- 👁️ Better Learning and Reading Ability
- 👁️ Reduced Eye Strain and Headaches
- 👁️ Improved Concentration in School
- 👁️ Better Sports and Daily Activities
- 👁️ Supports Normal Visual Development

Myopia (Power) Progression Monitoring

Regular **eye check-ups** help monitor increasing spectacle power and ensure timely intervention when required.

Early Management Can Help:



- 👁️ Maintain Clear Vision
- 👁️ Reduce Eye Strain
- 👁️ Support Healthy Eye Development
- 👁️ Detect Other Eye Conditions Early

