

Before Surgery

- Detailed eye measurements
- Health fitness certificate (if required)
- Medication review
- Insurance assistance support

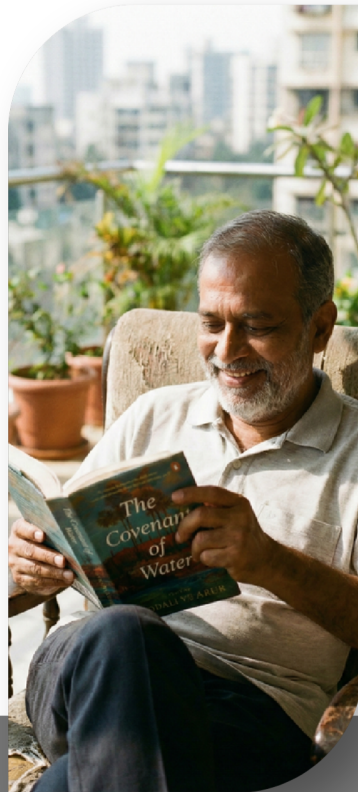
After Surgery

- Mild discomfort for 1–2 days
- Rapid improvement in vision
- Prescribed eye drops for healing
- Resume routine activities within a few days

Temporary Precautions (First 2 Weeks)

- Avoid water entering the eye
- No heavy lifting
- Avoid bending forward
- No strenuous exercise

Your **Vision** Deserves Expert Care.



WHY CHOOSE INSIGHT EYE CLINIC?

- ✓ Expert surgeons
- ✓ Advanced technology
- ✓ Personalised professional care
- ✓ High safety standards
- ✓ Patient-focused guidance
- ✓ Transparent pricing



Phone
+91 9028050288



Website
www.insighteyeclinic.co.in



Address
120, Rainbow plaza,
Pimple Saudagar, PCMC.



Book Your Consultation.



Experience Clear Vision Like Never Before



Cataract surgery today is:

- Quick
- Virtually painless
- Day-care procedure
- Highly successful
- Customizable with advanced lens options

Micro Incision Cataract Surgery

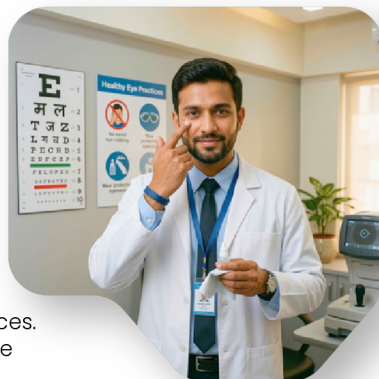
Safe. Precise. Personalized.

At **Insight Eye Clinic**, we combine advanced microsurgical technology with compassionate patient care to deliver outstanding visual outcomes.

What is a Cataract?

A cataract is the gradual clouding of the eye's natural lens, located behind the iris and pupil.

The lens focuses light onto the retina, helping us see clearly at different distances. Over time, natural protein changes cause the lens to become cloudy, leading to blurred vision.



Common Symptoms

- Cloudy or blurred vision
- Difficulty seeing at night
- Halos around lights
- Increased glare sensitivity
- Frequent change in glasses number
- Faded or dull colors



When Is Surgery Needed?

Surgery is recommended when cataracts begin interfering with:

- Driving
- Reading
- Screen use
- Household activities
- Overall quality of life

Cataract surgery is one of the safest and most commonly performed procedures worldwide.

Risk Factors

- Age above 60
- Diabetes
- Smoking
- Excessive UV exposure
- Family history
- Previous eye injury or surgery

Step-by-Step Overview of Cataract Surgery



01. The eye is numbed using anesthetic drops

02. A tiny micro-incision is made

03. The cloudy lens is gently removed

04. A clear artificial lens (IOL) is implanted

Duration: 20–30 minutes

Same-day discharge

Minimal discomfort

Advanced Intraocular Lens (IOL) Options

We customize your lens choice based on lifestyle, profession, and visual goals.

Our Approach

We do not believe in “one-size-fits-all.”

Every patient receives a personalized evaluation to determine the most suitable option.

Monofocal IOL

- Clear vision at one distance (usually far)
- Reading glasses may be needed

Enhanced Monofocal

- Better contrast & low-light clarity
- Improved intermediate vision (screens)
- Reduced glare
- Reading glasses may still be required

EDOF / Trifocal (Presbyopia-Correcting implants)

- Reduced dependence on glasses for:
 - 1.Distance
 - 2.Intermediate
 - 3.Near
- Fuller range of vision

Toric Implants

- Corrects astigmatism during surgery
- Sharper, clearer vision
- Less dependence on distance glasses
- Precisely aligned for best results